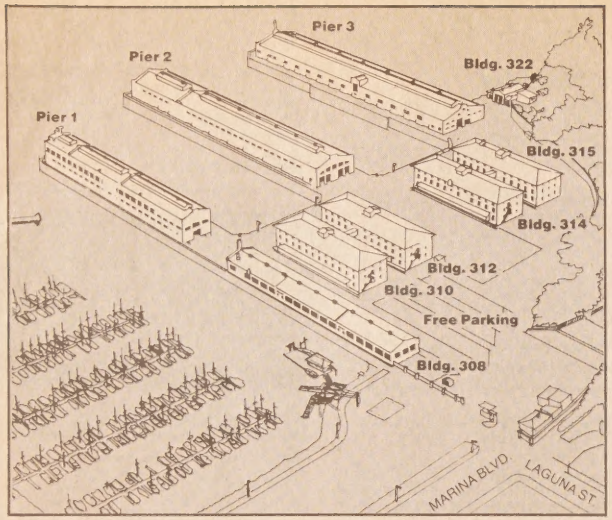

Residents directory

Bldg. 308
Fort Mason Foundation office (441-5705)
S.F.M.O.M.A. Rental Gallery (441-4777)

Bldg. 310
Accountants for the Public Interest (885-3306)
Bay Area Lawyers for the Arts (775-7200)
Fort Mason Community College Art Center (776-8247)
Marina Theatre (441-5705)
Marina View Gallery (441-5705)
World Print Council (776-9200)

Bldg. 312
American Adventure Play Association (673-9949)
Bay Area Energy Action (771-8388)
Center for World Music (848-8989)
Ensemble of Stanislavski Theatre Artists (824-9488)
Environmental Action Clearinghouse (474-5080)
Environmental Traveling Companions (474-7662)
Farallones Institute (776-0265)
Friends of the River (771-0400)
Friends of the River Foundation (771-0401)
Friends of the S.F. Public Library (558-3770)
Hospital Audiences, Inc. (776-9171)
Music by the Bay (474-5600)
Perception Gallery (776-0347)
S.F. Bay Area Dance Coalition (673-8172)
S.F. Central Y.M.C.A. (885-0460)
S.F. Children's Art Center (771-0292)
S.F. Folk Music Center (441-8910)
Second Coming Press, Inc. (771-6711)
Women in the Wilderness (982-4588)
Yacht Racing Association of S.F. Bay (771-9500)

Bldg. 314
Artists in Print (673-6941)
Blue Bear School of Music (673-3600)
Graphic Artists Guild West (673-6941)
Magic Theatre (441-8001)
Marina Music Hall (441-5705)
Media Alliance (441-2557)
S.F. Arts & Letters Foundation (771-6711)
Western Public Radio (771-1161)

Bldg. 315
Stellar Arts Collective (771-0945)

Bldg. 322
Meristem (776-8580)

Pier 3
AM/FM Recycling (387-3044)
Inner City Outings (665-8214)

Directions

Directions to FORT MASON CENTER:
1) **Marin Co.** — After crossing Golden Gate Bridge, stay to the left and exit at end of freeway on Marina Blvd. Continue to entrance at Laguna.
2) **East Bay** — After crossing Bay Bridge, exit at Broadway, continuing on Broadway through tunnel to Laguna. Turn right on Laguna and continue to entrance at Marina Blvd.
3) **Peninsula** — Take Bayshore Blvd. to Franklin St. exit. Proceed north to Bay St. and turn left. Travel two blocks to Laguna and make a right turn. Continue to entrance at Marina Blvd.

Notices

Notice to All Senior Citizens: Call (415) **931-3933** for **free transportation** in San Francisco. 3-day notice for individual rides; 1 month for group reservations.

Free Parking next to buildings.

Muni lines 22, 30 and 47 run to Fort Mason.

Fort Mason Center can make arrangements for the **handicapped** if notified in advance. Ramps and elevators are available. Call **441-5705.**

AM/FM Recycling in front of Pier 3: Bring glass with the tops removed, clean & flattened aluminum, and tin and untied newspapers. Do not bring phonebooks, magazines or cardboard. 2nd & 4th Saturdays of each month, 9 AM–2 PM, 387-3044.

Attention Health Organizations

We often have office space for rent here and need you from the health sector to start a Fort Mason Health Resource Center. We are looking for groups which would provide (1) programs to educate the public about socio-political-economic factors affecting one's health, and/or (2) advocacy services. Our principal objective is to serve special populations — children, seniors, handicapped and ethnic peoples. For further information, please contact Betty Wolff, Health Coordinator, at 441-5705.

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FORT MASON FOUNDATION
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FortMasonCenter

for the arts, humanities, recreation, education and ecology

May 1979

This monthly calendar is supported in part by a grant from **The San Francisco Foundation.**

INSIDE:
Parenting Conference
Calendar of Events
Classes and workshops
and more . . .

May events at a glance

Environment and Recreation

Mountaineering in the Brooks Range. 7:30 PM. See 5/1.

Coastal Alert! Off-shore Oil Drilling. 7 PM. See 5/2.

Using Our Water And Energy Wisely. 7:30 PM. See 5/2.

Special Seminar in Outdoor Equipment. 7:30 PM. See 5/3.

Two Lectures on Solar Energy. 3 PM & 7:30 PM. See 5/3.

Multi-media Slide Presentation of the Red Sea. 7:30 PM. See 5/4.

Is Your Job Making You Sick? An occupational hazard conference. All day. 5/5.

Houseplant and Garden Clinic. 10 AM–4 PM. See 5/5.

Seminar on Solar Hot Water Heating. 9 AM. See 5/5.

Rock Climbing for Women. 7:30 PM. See 5/9.

District II Public Hearing on Housing Reforms. 7 PM. See 5/10.

Solar Energy Now. 8 PM. See 5/10.

Seminar on Wind Power. 9 AM. See 5/12.

Wilderness First Aid and You. 7:30 PM. See 5/17.

Soft Living on Hard Ground, an environmental show and tell. 7:30 PM. See 5/22.

Basic Backpacking Food. 7:30 PM. See 5/24.

Health and Body Awareness

Preventive Eye Care Seminar. 7:30 PM. See 5/3.

The Changing Face of Residential Care conference. All day. See 5/4.

Childbirth Film Series. 7:30 PM. See 5/5.

Polarity Neck and Back Massage Workshop. 10AM–6 PM. See 5/6.

Single Women Over Forty meeting. 5:30 PM. See 5/7.

Fat Liberation/Alan Dolit lecture. 8 PM. See 5/10.

To Parent or Not To Parent conference. All day. See 5/19.

Forum On Drug Abuse. 9 AM. See 5/19.

Music

Light Recorder Consort. 8 PM. See 5/3.

Guitar Music from Around the World with Carl Bernstein. 8:30 PM. See 5/4.

Center for World Music: Festival of South Indian Music. 8 PM. See 5/4.

Center for World Music: Mirasol. 8 PM. See 5/5.

JAZZ ON A SUNDAY AFTERNOON: Eddie Marshall Quartet. 2 PM. See 5/6.

Plowshares: Pop Wagner and Bob Bovee. 7:30 PM. See 5/6.

Center for World Music: Music and Dance of Bali. 8 PM. See 5/11.

Of Special Interest...

This month we offer **Music for the Guitar** in a variety of styles and ensembles — music from Latin America, 12-string original sounds, a duo and a classical guitar quartet. If you enjoy the sound of acoustic guitar, here's your chance to hear it throughout the month. (See 5/4, 5/12, 5/18, 5/25)

The *Center for World Music* concludes its program at Fort Mason on May 19. During June and July it will co-sponsor a World Arts Academy, including two weekly concert series at S.F. State University. In August, the Center will move its headquarters to San Diego. If you would like the programs at Fort Mason to continue in the fall, please write a letter of support to: Dr. Robert E. Brown, Executive Director, Center for World Music, 397 Gravatt Drive, Berkeley, CA 94705.

Fort Mason Foundation & City Celebration in conjunction with Keystone Korner continues the popular *JAZZ ON A SUNDAY AFTERNOON* concert series, offering the best of Bay Area jazz at low prices in an intimate, comfortable setting. Refreshments served, and children welcome.

NEW RESIDENT

Women in the Wilderness encourages leadership through women-led outings and wilderness skills. Tues., Wed. & Thurs., 10 AM–4 PM, Bldg. 312. 982-4588. Welcome to Fort Mason Center!

Center for World Music: Brazilian Night. 8 PM. See5/12.

12-String Guitar Magic with Dave Fritz. 8 PM. See 5/12.

JAZZ ON A SUNDAY AFTERNOON: Keystone. 2 PM. See 5/13.

Plowshares: Sukay. 7:30 PM. See 5/13.

Songwriters Stage: Roschelle Paul, Teresa Tudury and Vyras. 8 PM. See 5/17.

Guitarists Stephan Pasero and Fred Clarke. 8 PM. See 5/18.

Center for World Music: Kiva. 8 PM. See 5/18.

Center for World Music: Queen Ida and Bon Ton Zydeko Band. 8 PM. See 5/19.

Solo concert by pianist-singer Mark Naftalin. 8 PM. See 5/19.

JAZZ ON A SUNDAY AFTERNOON: Mirasol. 2 PM. See 5/20.

Plowshares: Small Wonder String Band and The Perfect Crime. 7:30 PM. See 5/20.

San Francisco Guitar Quartet. 8 PM. See 5/25.

JAZZ ON A SUNDAY AFTERNOON: Eddi Edward's Snakepit. 2 PM. See 5/27.

Song Evaluation Workshop. See 5/30.

Dance

An Irish County Dance with Larry Lynch and Sheila Na Gig. 7:30 PM. See 5/21.

San Francisco Bay Area Dance Coalition Annual Membership Meeting. 6 PM. See 5/23.

Theatre

Aftar Stardrive. 8 PM. See 5/3.

Autobiography of a Pearl Diver. 8:30 PM. See 5/3.

AmerIndian Awakening. See 5/4.

Nightflash. 8 PM. See 5/8.

Sun Stories and Solar Powered Songs. 11 AM. See 5/12.

The Water Engine. 8 PM. See 5/18.

Preview: The Barbecue. 8:30 PM. See 5/23.

Dame Edith. 8 PM. See 5/25.

Open Workshop/Improvisation Theatre. 1 PM. See 5/26.

Poetry & Literature

Friends of the S.F. Public Library FIFTEENTH ANNUAL BOOK SALE, Preview. See 5/3.

The Beltaine Lecture Series: The Harp in Celtic Society. 8 PM. See 5/2.

S.F. Arts & Letters and Second Coming Press Open House. 2 PM. See 5/6.

The Beltaine Lecture Series: Celtic Mythology. 8 PM. See 5/9.

An Evening with Theodore Roszak. 7:30 PM. See 5/10.

Copyright and Publishing Workshop. 7 PM. See 5/15.

The Beltaine Lecture Series: The Speaking Stones of Celtic Lands. 8 PM. See 5/16.

The Beltaine Lecture Series: Introduction to Celtic Art. 8 PM. See 5/23.

NEA Meeting for Literary Programs. 1:30 PM. See 5/24.

The Beltaine Lecture Series: The Language of the Gael. 8 PM. See 5/30.

Visual Arts & Media

Perception Gallery: Betty Mobley's figurative acrylic abstracts. See 5/1.

Stellar Arts Collective demonstration. See 5/1.

Video Therapy Workshop. 10 AM. See 5/4.

Exhibition '79, miniature figurines. 1 PM. See 5/6.

SFMMA Rental Gallery: Wood Show. See 5/8.

Perception Gallery: Paintings by Darlene Berg. See 5/16.

Perception Gallery: Art Workshop with Pearl Sofael. 1 PM. See 5/19.

Perception Gallery: Opening celebration of Darlene Berg's paintings. 5 PM. See 5/19.

A Look At Communication Arts Magazine. 7:30 PM. See 5/21.

Media Alliance metting. 7:30 PM. See 5/22.

Breaking into News and Feature Writing. 7:30 PM. See 5/23.

Selling Non-Fiction Articles. 10 AM. See 5/26.

Breaking into Broadcasting. 7:30 PM. See 5/30.

A TIMELY CONSIDERATION: A CONFERENCE PRESENTED BY FORT MASON

TO PARENT OR NOT TO PARENT

FOUNDATION IN CONJUNCTION WITH BUENA VISTA WOMEN'S SERVICES

What would it be like to have children? What are the long-term implications of not having children? Do you know the genetic risks of childbirth after age 30? What's it like to be a Gay father, single mother, or a step-parent? What are the ways of sharing your life with children not your own?

More and more people are asking questions about having children, and that will be the topic of an all-day conference at Fort Mason Center.

OPTIONS

"The decision to have a baby has a permanent, irreversible effect on our lives, and yet up until quite recently, it was not really considered a decision." That is the assessment of **Ruth Bell,** co-author of *Ourselves And Our Children* and conference participant. The Women's Movement, personal mobility and availability of birth control are but three reasons for this phenomena. This conference will explore how parenthood fits into your goals — your lifestyle, economic situation, political and social concerns, work and personal relationships. It will also examine cultural factors like the role of the media, your own childhood, and personal experience, which influence your choice to be or not to be a parent.

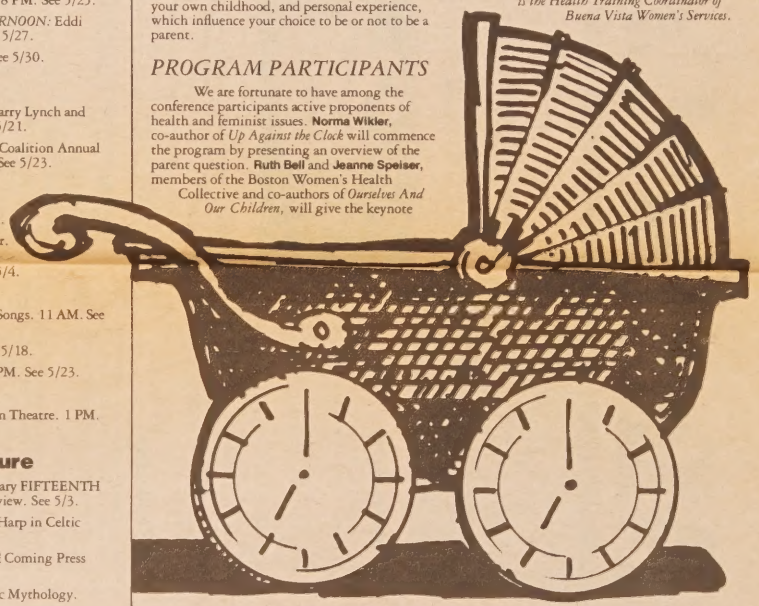
PROGRAM PARTICIPANTS

We are fortunate to have among the conference participants active proponents of health and feminist issues. **Norma Wikler,** co-author of *Up Against the Clock* will commence the program by presenting an overview of the parent question. **Ruth Bell** and **Jeanne Speiser,** members of the Boston Women's Health Collective and co-authors of *Ourselves And Our Children,* will give the keynote address on parenthood, providing a personal and sociopolitical viewpoint. Barbara Graves, MSW and mental health consultant, will speak about the non-parent.

Morning and afternoon workshops will feature such topics as support systems for both parents and non-parents, women with the dual responsibility of job and home, and single parenthood. These sessions will provide an opportunity for small group participation and exchange. A theatre performance by the *Moving Men Theatre Co.* will highlight the afternoon session.

We welcome you to join us at Fort Mason Center, Saturday, May 19th, Bldg. 312, 8:30 AM–3 PM. Advance registration, at $10, closes May 10. Lunch will be available at reasonable rates, and childcare will be provided for those who register in advance. See you at the conference! Call 441-5705 for flyer and registration.

Betty Wolff *is the Health and Humanities Coordinator of Fort Mason Foundation.* Wendy Jung *is the Health Training Coordinator of Buena Vista Women's Services.*



by Betty Wolff *and* Wendy Jung

Thank You!

The Fort Mason Foundation gratefully acknowledges grants received in the past year for operating expenses, building improvements, and program development:

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FORT MASON CENTER
Laguna and Marina Blvd.
San Francisco, CA 94123
(415) 441-5705

All activities in cooperation with the Golden Gate National Recreation Area.

FortMasonCenter

May 1979

Fort Mason Center for the arts, humanities, recreation, education, and ecology

Calendar of events

1 Tuesday

Perception Gallery: **Betty Mobley's** figurative acrylic abstracts will continue through May 13. Wed–Sun. 11 AM–4:30 PM, Bldg. 312, free. 776-0347.

Mountaineering In The Brooks Range Allison Clough will share experiences of her Alaskan expedition. Slide presentation. Sponsored by Women in the Wilderness. 7:30–9:30 PM, Bldg. 312, $2. 982-4588.

IMPORTANT: The calendar/newsletter deadline is always the 1st working day of each month prior to the month in which the activity is scheduled (e.g., the deadline for the June calendar/newsletter is 12 noon, May 1).

The **Stellar Arts Collective** offers a demonstration of craftsmanship open to the public as they work on a glass entryway commissioned by a state architecture grant. Mon.–Thurs. 10 AM–4 PM, Bldg. 315, free.

2 Wednesday

Coastal Alert! Off-shore Oil Drilling — What is it and what can we do about it. Reps from Coastal Commission oil industry and Friends of the Coast show slides and discuss impacts of off-shore drilling. Sponsored by Oceanic Society. 7 PM, Bldg. 312, free. 441-5970.

The Institute of Celtic Studies presents *The Beltaine Lecture Series* on the life, culture and traditions of the Celtic nations. Tonight, harpists **Sharon Devlin** and **Laurence Davies** perform on the old Irish harp, accompanied with slides and lecture. 8 PM, Bldg. 312, $2.50/$1.50 seniors & students. 626-1295.

Bay Area Energy Action presents **Using Our Water And Energy Wisely,** with Friends of the River and Dr. Ron Ritschard. A look at energy and water conservation in California agriculture and ways to develop alternative energy. 7:30 PM, Marina View Gallery, Bldg. 310, free. 771-8388.

3 Thursday

Friends of the S.F. Public Library presents the **FIFTEENTH ANNUAL BOOK SALE.** Preview on Thurs., 4–7 PM, May 3, $3/free to members. Sale: Fri.–Sun., 5/4–5/6, 10 AM–6 PM, Pier 2, free. 558-3770. Join the Friends of the S.F. Public Library!

Special Seminar on Outdoor Equipment. Third of four seminars. Allison Clough's slides, demonstrations and some materials provided. Sponsored by Women in the Wilderness. 7:30 PM, Bldg. 312, $15 for 4 sessions. 756-7250.

Bay Area Energy Action presents two lectures: **Spreading Solar.** Paul Notari of Solar Energy Research Institute, Wayne Parker of SolarCal and others will discuss means to support solar activities. 3–5 PM, Bldg. 312, free. **Solar Services Fair.** Basic discussion on solar energy by various experts. Bring questions about your own project. 7:30 PM, Marina View Gallery, Bldg. 310, free. 771-8388.

Preventive Eye Care Seminar covering the prevention of nearsightedness, farsightedness and astigmatism by examining nutrition, biofeedback, visual hygiene and eye exercise techniques. Sponsored by Preventive Eye Care Center. 7:30–9:30 PM, Bldg. 312, free. 421-4545.

The **Light Recorder Consort,** a 4-member group performs recorder selections of Corelli, Handel, Bach, Waelkes, and others. Refreshments served. 8 PM, Marina Music Hall, Bldg. 312, Donations accepted. 587-3956.

After Stardrive, an original play with music, written by K. Cramer and O. Shepard continues in the Marina Theatre. The play examines the after-effects of a woman's present-day encounter with an outer-space being. 8 PM, Thurs.–Sun. through May 13, Marina Theatre, Bldg. 310, $3.50 or PAS voucher. For reservations & information: 421-4733.

Magic Theatre presents **Autobiography of a Pearl Diver,** a world premiere by Martin Epstein, directed by Andrew Doe. A middle-aged couple confronts the mysterious disappearance of their son in this tragi-comic blend of the real and surreal. 8:30 PM, Thurs.–Sun. through 6/3, Bldg. 314, $5/$4 students & seniors, ½ price Magic Tix available 3–6 PM day of performance. 885-9928 for tickets.

4 Friday

The Changing Face of Residential Care — a conferencee for home administrators, health professionals, community leaders and those interested in residential care homes and their administration. 8:15 AM–5 PM, Bldg. 312, $2 registration, $3 lunch optional. Pre-registration with Dorothy Stapp: 558-4116.

Music for the Guitar: **Guitar Music From Around the World** with Carl Bernstein, student of Segovia and Julian Bream. Mr. Bernstein will offer music from Brazil, Venezuela and Peru as well as classical pieces by Bach, Albeniz and others, and original compositions. 8:30 PM, Marina Music Hall, Bldg. 314, $2.50 or PAS voucher. 387-6655.

Underwater Photographic Society presents **Multi-media Slide Presentation of the Red Sea/Jordan** showing the spectacular underwater scenes of the Gulf of Agaba and a land journey of the ancient stone city of Petra. Also, discussion of upcoming International Underwater Film Festival, *Sea '79.* 7:30 PM, Bldg. 312, free.

Video Therapy Workshop: a two weekend workshop for incorporating video in the therapeutic process. Presented by Marin Community Video and Media Alliance. Fri. & Sat., 5/4–5/19, 10 AM–5 PM, Bldg. 314, $100. 924-7370.

Amerindian Awakening. A performance in two parts by Francisco Whitecloud: "The Alchemist" and "Tribe of the Dancing Song," poetic explorations derived from Nahautl, Huichol and Toltec Indian sources. 8 PM, Bldg. 312, $2.50 or PAS voucher. 655-4538.

After Stardrive. 8 PM. (See 5/3)

Autobiography of a Pearl Diver. 8:30 PM. (See 5/3)

The Center for World Music presents a **Festival of South Indian Music** with Muthulakshmi (vina), Srilakshmi (vocal), Ashoka (flute), Glenn Gilette and Douglas Vurek (mridangam). 8 PM, Bldg. 312, $3/$2.50 students & seniors or PAS voucher. 848-8989.

5 Saturday

Houseplant and Garden Clinic, sponsored by the Northern California Committee for Environmental Information. Experts to offer ecologically sound alternatives to chemical pesticides, to diagnose problems, and tips on gardening. 10 AM–4 PM, Bldg. 312, free.

Ballroom Dance Workshop. Oz Koosed and Gail Kane will teach basic ballroom dance in one day, covering tango, waltz, fox trot and rumba. 11 AM–5 PM, Bldg. 312, $10/$7 in advance. 552-4990.

Seminar on Solar Water Heating and Other Solar Applications for Existing Homes presente by Phillip Caeser of Solar Center and the Owner Builder Center. 9 AM–5 PM, Bldg. 312, $24. 383-6924.

Video Therapy Workshop at Media Alliance. 10 AM–5 PM (See 5/4)

Amerindian Awakening, a performance in 2 parts by Francisco Whitecloud. 8 PM (See 5/4)

Fort Mason Foundation & Public Media Center present **Is Your Job Making You Sick?** a workshop on occupational hazards. 50 million people risk their health by going to work. File clerks, hospital workers, and truck drivers face noise, stress, radiation and toxic chemicals everyday. What can you do to protect yourself? Would you recognize a hazard on your job? How can your union help? How can you help yourself? Find out at this workshop. Program includes *Song of the Canary,* a documentary on uncovering occupational hazards. 9 AM–4 PM, Bldg. 312, $8. 441-5705. Please register in advance.

Childbirth Film Series sponsored by Holistic Childbirth Institute. 7:30 PM, Bldg. 312, $2 donation. 664-4900.

Center for World Music: Dance to the sparkling Latin music of **Mirasol,** including Caribbeanm Puerto Rican, and Brazilian styles. 8 PM. (See 5/4)

After Stardrive. 8 PM. (See 5/3)

Autobiography of a Pearl Diver. 8:30 PM. (See 5/3)

6 Sunday

JAZZ ON A SUNDAY AFTERNOON: **Eddie Marshall Quartet,** led by one of the finest, most versatile drummers in the Bay Area. Marshall has played with Dexter Gordon, Mary Lou Williams, George Benson, and Bobby Hutcherson. 2 PM, Marina Music Hall, Bldg. 314, $2 or PAS voucher. 441-5705.

Polarity Neck and Back Massage Workshop with Gerald Cohen. Complete health system massage manipulations, theory, nutrition and easy stretch postures. Vegetarian pot-luck lunch. 10 AM–6 PM, Bldg. 312, $25. 566-6121.

Exhibition '79, an exhibition and competition for artists specializing in the making of miniature figurines of a military nature. Sponsored by the Bay Area Military Miniature Society. 1 PM–6 PM, Bldg. 312, free. 457-3295.

Open House of S.F. Arts and Letters and Second Coming Press, with videotapes of poets. Refreshments. 2 PM, Bldg. 314, free. 771-6711.

Plowshares Coffee House: **Pop Wagner** and **Bob Bovee.** From street corners to concert halls, Pop and Bob have played, sung and yodelled cowboy songs and ballads in their freight-hopping, roll-your-own, street-singing style. 7:30 PM, Bldg 312,$2 or PAS voucher. Coffee, wine, pastries and other refreshments are available. 441-8910.

After Stardrive. 8 PM. (See 5/3)

Autobiography of a Pearl Diver 8:30 PM. (See 5/3)

7 Monday

Childbirth Film Series. 7:30 PM. (See 5/5)

Single Women Over Forty Meeting. All women are welcome to join them at regular meetings to discuss feminist issues. 1st and 3rd Mondays of the month. 5:30 PM, Bldg. 312, free. 474-1654.

8 Tuesday

Playwrights Unlimited/Bay Area Playwrights Festival presents a staged reading of **Nightflash** by Edward Schneider. A new play in which two men and a woman are trapped in a triangle of dependence and desire. Directed by Julie Hebert. 8 PM, Marina Theatre, Bldg. 310, free. 626-6945.

S.F. Museum of Modern Art Rental Gallery opens the **Wood Show,** an exhibition of 16 wood artists. Opening reception 5–7 PM. Tues.–Sat. 12–6 PM, Bldg. 308, free. 441-4777. Show runs through 6/9.

9 Wednesday

Rock Climbing for Women. Discussion of climbing as a means of power for women and raising self-esteem. Pre-trip meeting for upcoming trip to the Sierras. Sponsored by Women in the Wilderness. 7:30–9:30 PM, Bldg. 312, free. 982-4588.

The Beltaine Lecture Series: **Celtic Mythology.** Lauri Fadave, M.A. will discuss folklore in Celtic countries and its relevance today. 8 PM. (See 5/2)

Special Seminar on Outdoor Equipment. Last of series sponsored by Women in the Wilderness. 7:30 PM. (See 5/3)

10 Thursday

District II Public Hearing on Housing Reforms, 1979. San Franciscans for Affordable Housing presents a 7-point housing reform plan for discussion and suggestions. 7 PM, Bldg. 312, free. Mike Davis: 922-0304 or 285-2220.

An Evening with Theodore Roszak. Mr. Roszak will discuss his new book. *Person Planet.* Refreshments will be available. Sponsored by Fort Mason Foundation. 7:30 PM, Bldg. 310, $2. 441-5705.

Solar Energy Now. Presented by the Farallones Institute. Otto Smith, Professor of Electrical Engineering & Computer Sciences, U.C. Berkeley, will give talk and slide show. 8 PM, Bldg. 312, $1. 776-0265.

Fat Liberation/Alan Dolit. Lecture and demonstration on permanent weight loss without dieting. 8 PM, Bldg. 312, free. 652-4400.

Fundraising for Small Organizations taught by Brad Lapin. Four-session workshop sponsored by the Media Alliance. Thurs., 5/10–5/31, 7:30 PM, Bldg. 314, $35/$25 members. 441-2557.

After Stardrive. 8 PM. (See 5/3)

Autobiography of a Pearl Diver. 8:30 PM (See 5/3)

11 Friday

Center for World Music: **Music and Dance of Bali,** featuring the Gamelan Angklung from S.F. State University, under the direction of I Wayan Sinti, with dancers Nilawati Sinti, Nyoman and Nanik Wenten. 8 PM (See 5/4)

After Stardrive. 8 PM. (See 5/3)

Autobiography of a Pearl Diver. 8:30 PM. (See 5/3)

12 Saturday

Owner Builder Center presents **Wind Power,** a seminar on wind power and generation and waterpumping. 9 AM–5 PM, Bldg. 312, $24. 383-6924.

Fat Liberation/Alan Dolit: Weight-Losing Workshop through self awareness and eating awareness including behavior modification. 10 AM–4 PM, Bldg. 312, $18 & bring food you love to eat. 652-4400.

Storyspace Free Theater presents **Sun Stories** and **Solar Powered Songs** with Sue & Pete Monk. Children are invited to bring their own stories and songs to share. Sponsored by Friends of the S.F. Public Library, Books for Youth, and Fort Mason Foundation. 11 AM, Bldg. 312, free. 558-3770.

Center for World Music: **Brazilian Night,** with Jose Lorenze and Batucajo. Dancing and show. 8 PM. (See 5/4)

12-String Guitar Magic with Dave Fritz, Wild Eye recording artist. Original compositions for the 12-string guitar, with classical and jazz selections which influenced his unique style. 8 PM, Marina Music Hall, Bldg. 314, $2.50 or PAS voucher. 836-3246.

After Stardrive. 8 PM (See 5/3)

Autobiography of a Pearl Diver. 8:30 PM (See 5/3)

13 Sunday

JAZZ ON A SUNDAY AFTERNOON: **Keystone,** a quartet led by saxophonist Tim Rosenkrans. This high-spirited house band at Keystone Korner's jam sessions plays a full spectrum of jazz styles from traditional to contemporary. 2 PM, (See 5/6)

Plowshares Coffeehouse: **Sukay** with Edmund and Quentin Badoux performs folksongs and rhythms of the South American *Altiplano.* Their haunting songs in Spanish and *Quechua* and lively dances combine the ancient bamboo flutes and panpipes with Spanish guitar and *Charango,* an instrument made from an armadillo shell. 7:30 PM. (See 5/6)

After Stardrive. 8 PM (See 5/3)

Autobiography of a Pearl Diver. 8:30 PM. (See 5/3)

15 Tuesday

Bay Area Lawyers for the Arts will present a **Copyright and Publishing Workshop.** The copyright law of 1976, benefits of copyright registration, transfer of copyright ownership, and how the royalties payment system works. 7–9:30 PM, place to be arranged, $5/individual lecture, $25/series. 775-7200.

16 Wednesday

Perception Gallery exhibits paintings by **Darlene Berg.** Wed.–Sun., 11 AM–4:30 PM, Bldg. 312, free. 776-0347. Show runs through June 10.

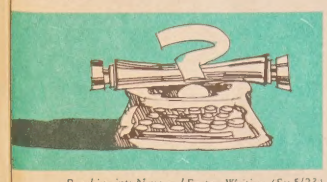
The Beltaine Lecture Series: **The Speaking Stones of Celtic Lands.** Leslie Reisz gives an illustrated lecture on the Megalithic stone structures of Celtic lands, their origin and meaning. 8 PM (See 5/2)

Is your job making you sick? (See 5/5)

17 Thursday

Voices by the Bay: A Celebration for City Miner Magazine. A fundraising for this Bay Area cultural magazine, featuring readings by poets Ishmael Reed and Lenore Kandel, films by Les Blank, past and future tales by Ernest Callenbach, Peter Berg and Robert Anton Wilson. Live music by the Mike Henderson Band. Refreshments served. 6–11 PM, Bldg. 312, $3. 841-6500.

Wilderness First Aid and You, informal discussion of basic first aid techniques in wilderness situations. Bring first aid kits for evaluation and exchange of ideas. Sponsored by Women in the Wilderness. 7:30–9:30 PM, Bldg. 312, free. 982-4588.



Breaking into News and Feature Writing. (See 5/23)

Fundraising for Small Organizations. 2nd of four-session workshop sponsored by the Media Alliance. 7:30 PM (See 5/10)

Songwriters Stage: **Roschelle Paul, Teresa Tudury** and folk parodist **Vytas** will feature tonight's performance. 8 PM, Marina Music Hall, Bldg. 314, $2 or PAS voucher. 871-1500.

Autobiography of a Pearl Diver. 8:30 PM. (See 5/3)

18 Friday

Video Therapy Workshop. 10 AM–5 PM. (See 5/4)

Stephen Pasero and **Fred Clarke,** two dynamic Bay Area guitarists, perform acoustic duets and solo pieces. Selections of J.S. Bach, Joaquin Turina and other classical composers are interwoven with the more contemporary sounds of Erik Satie and Chick Corea. Also, original pieces blend classical styles with modern ideas. 8 PM, Marina Music Hall, Bldg. 314, $3 or PAS voucher. 321-4819.

Center for World Music: **Kiva,** a performance group from the Center for Music Experiment of U.C. San Diego, presents a unique sound and movement experience with Korean dancer, Hi Ah Park. 8 PM (See 5/4)

The Illustrated Stage Co. presents **The Water Engine** by acclaimed playwright David Mamet. Set as a classic melodrama in radio's Golden Era, this play follows the story of a poor factory worker who invents an engine that runs on water. Accompanied by Mamet's companion piece, *Mr. Happiness.* Directed by Steve Dobbins. Fri.–Sun. 5/18–6/17, 8 PM, Marina Theatre, Bldg. 310, $3.50 or PAS voucher plus $1. 922-7635.

Autobiography of a Pearl Diver. 8:30 PM. (See 5/3)

19 Saturday

Forum on Drug Abuse, sponsored by S.F. Coordinating Council on Drug Abuse. 9 AM–12 noon, Bldg. 312, free. 775-1014.

Perception Gallery: Art Workshop by **Pearl Sofael.** 1–4 PM, Bldg. 312, free. **Opening Celebration** of Darlene Berg's paintings. 5–8 PM, Bldg. 312. 776-0347.

Video Therapy Workshop. Last session. 10 AM–5 PM. (See 5/4)

Center for World Music: Dancing and general merriment to the music of **Queen Ida** and her famous **Bon Ton Zydeco Band.** Last performance of season. 8 PM. (See 5/4)

Solo concert by singer-pianist **Mark Naftalin.** Naftalin, who has performed with many blues and rock 'n' roll greats, will play blues improvisations, songs and original compositions. 8 PM, Marina Music Hall, Bldg. 314, $3 or PAS voucher. 441-5705.

Autobiography of a Pearl Diver. 8:30 PM. (See 5/3)

The Water Engine. 8 PM. (See 5/18)

Fort Mason Foundation, in conjunction with Buena Vista Women's Services, presents **To Parent Or Not To Parent Conference.** This conference will explore how parenthood fits into your goals. Speakers include Norma Wikler, co-author of *Up Against the Clock.* For more information, see feature article. 8:30 AM–4 PM, Bldg. 312, $10. 441-5705 for flyer and registration.

20 Sunday

Drawing Marathon with draped and undraped models. Bring your own art materials. Sponsored by the Models Guild of San Francisco. 10 AM–5 PM, Bldg. 312, $7/$6 students. 282-2992.

JAZZ ON A SUNDAY AFTERNOON: **Mirasol,** the popular jazz-Latin group featuring fine vocals and irresistible rhythms. 2 PM. (See 5/6)

Plowshares Coffeehouse: **Small Wonder String Band** and **The Perfect Crime.** Twin brothers Greg and Jere Canote of Small Wonder play music in the time-honored tradition of the Delmore Brothers, Monroes, Louvin Brothers and the Smiths. Hugh Shacklett and John Brandeburg of The Perfect Crime pair up for an outrageous second half of blues, ballads and ragtime guitar duets. 7:30 PM. (See 5/6)

Autobiography of a Pearl Diver. 8:30 PM. (See 5/3)

The Water Engine. 8 PM. (See 5/18)

21 Monday

Single Women Over Forty welcomes all women to join them at their regular meetings to discuss feminist issues. 5:30 PM, Bldg. 312. 474-1654.

A Look at Communication Arts Magazine. Dick and Jean Coyne talk about the history, design and production techniques and criteria for content selection for one of the most respected magazines in the graphics field. Sponsored by Artists in Print. 7:30 PM, Bldg. 310, donation $4/$3 members. 673-6941.

U.S. Champion Irish dancer **Larry Lynch** and the well-known Bay Area band **Sheila Na Gig** present **An Irish Country Dance** with singing and musical entertainment between dances. 7:30 PM, Bldg. 312, $3.50. 824-1768.

22 Tuesday

Soft Living on Hard Ground. A show and tell about environmental activities, outdoor adventures, ecological living and fun things to do around S.F. Bring ideas on places to fly kites, to find cheap fresh food, to skate or to turn in your cans. Sponsored by Environmental Traveling Companions & Environmental Action Clearinghouse. 7:30 PM, Bldg. 312, free. 474-7662 or 474-5080.

Media Alliance general meeting. Discussion of media-related topics. 7:30 PM, Bldg. 310. 441-2557.

23 Wednesday

Magic Theatre presents **The Barbeque,** a world premiere written by John Robinson, directed by Ted Shank. A family gathered for a barbeque confronts the forces isolating them from one another. Previews Wed.–Sat., 5/23–5/26, 8:30 PM, Bldg. 314, $4. 885-9928.

Breaking into News and Feature Writing, a forum for newcomers to the media. Panelists include staff of New West, Examiner and Berkeley Barb. Bring resumes. Refreshments served. Sponsored by Media Alliance. 7:30 PM, Bldg. 312, $3.50/$2.50 members. 441-2557.

S.F. Bay Area Dance Coalition Annual Membership Meeting. A review of Coalition's past activities, survey of programs & goals for the coming year, and election of Board of Directors. 6 PM, Marina View Gallery, Bldg. 310. 673-8172.

The Beltaine Lecture Series: **An Introduction to Celtic Art.** Robin Dorn will explore the history, techniques and symbolism of Celtic art from its beginnings. Illustrated with slides. 8 PM (See 5/2)

24 Thursday

Poets, Authors, Playwrights. David Wilk, Director of Literature Programs for National Endowment for the Arts, will discuss endowment for literary programs and receive feedback from the literary community. 1:30–4:30 PM, Bldg. 312, free. 441-5705.

Fundraising for Small Organizations, third session of Media Alliance workshop. 7:30 PM. (See 5/10)

Basic Backpacking Food, lively evening of tasting and sampling a variety of outdoor foods. Freeze-dried, vegetarian grains, wild edibles . . . a great opportunity to share favorite recipes and outdoor cooking methods. Sponsored by Women in the Wilderness. 7:30 PM, Bldg. 312, free. 982-4588.

Autobiography of a Pearl Diver. 8:30 PM. (See 5/3)

Preview: The Barbecue. 8:30 PM. (See 5/23)

25 Friday

The San Francisco Guitar Quartet, with James Colgan, John Stover, Lynn Zemlin and Timothy Fox, performs guitar ensembles by Sor, Torroba, Biberian, Dresher, and Colgan. 8 PM, Marina Music Hall, Bldg. 312, $2.50 or PAS voucher. 836-4681.

Dame Edith, written and compiled by Charles Yarborough, is a dramatic characterization of poet Dame Edith Sitwell, blending music, dance and readings of her works. Musical direction by Felix Racelis. Fri. & Sat., 5/25 & 5/26, 8 PM, Bldg. 312, $3 or PAS voucher. 552-9487.

Autobiography of a Pearl Diver. 8:30 PM. (See 5/3)

Preview: The Barbecue. 8:30 PM. (See 5/23)

The Water Engine. 8 PM. (See 5/18)

26 Saturday

Selling Non-Fiction Articles. John Boeschen teaches this workshop on how to sell articles to magazines. Sponsored by Media Alliance. 10 AM–4:30 PM, Bldg. 314, $18/$15 members. 441-2557.

Open Workshop/Improvisational Theatre with Sue Walden: Explorations of games, exercises and performance pieces. No experience necessary. 1–4 PM, Bldg. 312, $3. 441-4384.

Autobiography of a Pearl Diver. 8:30 PM. (See 5/3)

Dame Edith. 8 PM. (See 5/25)

The Water Engine. 8 PM. (See 5/18)

Preview: The Barbecue. 8:30 PM. (See 5/23)

Sukay at Plowshares. (See 5/13)

27 Sunday

JAZZ ON A SUNDAY AFTERNOON: **Eddi Edward's Snakepit,** a futuristic jazz-fusion ensemble featuring a wide spectrum of sounds from brass, reeds, koto, s.p. synthesizer and other instruments. 2 PM (See 5/6)

Autobiography of a Pearl Diver. 8:30 PM. (See 5/3)

The Water Engine. 8 PM. (See 5/18)

30 Wednesday

Songwriters Resources & Services presents **a Song Evaluation Workshop** offering a roundtable critique of participants' songs and a discussion of demos, casting and collaboration. 7 PM, Bldg. 312, free.

Breaking into Broadcasting, a forum for newcomers to the media. Panelists include staff writers and producers at local TV and radio stations. Refreshments served. Sponsored by Media Alliance. 7:30 PM, Bldg. 312, $3.50/$2.50 members. 441-2557.

The Beltaine Lecture Series: **The Language of the Gael.** Jim Duran, Ph.D., will outline origins of Gaelic, its evolution and struggle for survival to the present. 8 PM, Bldg. 312, $2.50/$1.50 seniors and students. 626-1295.

31 Thursday

Autobiography of a Pearl Diver. 8:30 PM. (See 5/3)

Don't miss the Fort Mason Center **Open House** on Sunday, June 3rd. There'll be music, food, and entertainment. **Margot Patterson Doss,** author of *San Francisco At Your Feet,* will conduct a walk for her column in the S.F. Chronicle.

Drop In–

If you're in our area, come by and visit us.

S.F.M.O.M.A. Rental Gallery, Bldg. 308, 12–6 PM, Tues. thru Sat.

Perception Gallery, Bldg. 312, 11 AM–4:30 PM, Wed. thru Sun.

Environmental Action Clearinghouse, Bldg. 312, 10 AM–4 PM, Mon. thru Wed., 12–8 PM, Thurs. . . . for information on environmental issues, groups and their activities in the Bay Area.

Stellar Arts Collective, Bldg. 315, 10 AM–1 PM, Mon. thru Thurs., see work in process for public art project which will be completed this month.

Meristem, Bldg. 322, 7:30–8:30 AM and 5:30–7:30 PM, Mon. thru Fri.; 10:30–11:30 AM, Sat. and Sun. for observation and participation in aikido.

Fort Mason Foundation office, Bldg. 308, 10 AM–5 PM, Mon. thru Fri. . . . for information.

Classes and workshops

Visual Arts

Fort Mason Community College Art Center offers ongoing art classes, including drawing, painting, sculpture, printmaking, ceramics, batik and weaving for adults 18 years and over. Bldg. 310, free to S.F. residents, 776-8247.

S.F. Children's Art Center continues painting, drawing and construction workshops. Tues.–Fri., 9:30–11 AM (ages 2–4), 1–2:30 PM (ages 4–5), 3:30–5 PM (ages 6–10); Saturdays, 9–10:30 AM (ages 2–4), 11–12:30 (ages 5–7), 1–2:30 PM (ages 7–10). Bldg. 312, 1st floor. $40 for 8 wks., 771-0292. (through 6/9)

Dance, Theatre & Music

ESTA: Dance/Movement for actors and dancers. Coordination, control and physical expressiveness, taught by Frank Barone. Twice weekly, to be arranged. Bldg. 312, 2nd floor. $4/class. 921-0508.

Musicians Performing Arts offers ongoing free guitar, piano and other classes for kids 6–17. Sat., piano & guitar: 9–10 AM; band classes: 10 AM–noon. Marina Music Hall, Bldg. 314, free. 585-9987. (5/4–5/25)

International Folk Dance. Shira Ozarchuk. Israeli, Balkan and other dances for beginners and intermediates. Tues., 5:45–6:45 PM, Bldg. 312, $20 for 6 wks/$15 Y members. 885-0460. (5/1–)

Ballroom Dance. Ernie Haeusslein's popular class for beginners through advanced plus an hour of social dancing. Tues. 7–10 PM. Bldg. 312, $15 single/$25 couple or $12 single/$20 couple Y members. 885-0460. (5/29–7/3)

Tap Dance. Donald Weissmuller. Time steps, rhythms, riffs, routines. Thurs. Beg. 6:30–7:30 PM., Adv. 7:30–8:30 PM. Bldg. 312, $20/$15 Y members. 885-0460. (5/31–7/5)

Music Theory & Composition Dr. Ralph Andrews. Elements of melody, harmony, music reading and writing. No previous training necessary. Mon., 8:30–9:30 PM, Bldg. 312, $27/$22 Y members. 885+0460. (5/21–6/25)

Flute. Dr. Ralph Andrews. 2 sections. Sat., Beg. 10–11 AM, Int. 11 AM–noon, Bldg. 312, $27/$22 Y members. 885-0460. (5/19–6/23)

Recorder. Dr. Ralph Andrews. Group class, basic techniques. Mon., 7:30–8:30 PM, Bldg. 312, $27/$22 Y members. 885-0460. (5/21–6/25)

1950's Jitterbug. Oz Koosed & Etta Hallock. Bop through the basic steps plus try intricate variations like the "Pretzel." Tues., 8:30–10:30 PM, Bldg. 312, $15/$12 in advance. Corrected phone number: 552-4990. (5/8–5/29)

Body Fitness

Aikido Practice: The Meristem Academy, in residence at Fort Mason Center, welcomes visitors to observe their daily aikido practice. Visitors may explore with students some essential movements & principles of this unique body/mind art. Daily Practice Hours: Mon.–Fri.: 7:30–8:30 AM & 5:30–7:30 PM; Sat.–Sun.: 10:30–11:30 AM, Bldg. 322. Free to observers.

Fitness. Co-ed class teaching conditioning for endurance, strength and flexibility. Mon., Wed., Thurs., 5:30–6:30 PM, Bldg. 312, $20. 885-0460. (5/2–6/28)

Dance/Exercises Simple, vigorous routines choreographed to music. Tues. & Thurs., 11:30–12:30 PM, Bldg. 312, $30/$20 Y members. 885-0460. (5/22–6/28)

Body Conditioning & Health. Wil Ng. Movement using Tai Chi, Kung Fu, tumbling, Chinese dancing and general skills. Mon. & Thurs. 6–11 PM, Sat. 10 AM–2 PM, Bldg. 312, free. 922-9100.

Recreation & Martial Arts

Jing-mo, Northern Shaolin Kung-fu. Jack Man Wong. Shaolin Kung-fu and Tai-chi for health and self-defense. Fri. 6:30–8:30 PM, Sun. 10 AM–noon. Bldg. 312, 1st floor. $25/month. 564-0855. (5/4–)

Tai Chi Chuan. Sifu Fong Ha. Complete classical forms with emphasis on meditative aspects. Tues & Thurs. 6:30 PM. Bldg. 312, $35/month. 524-4718 (5/1–5/31)

Kenpo Karate. Techniques in self-defense. Tues. & Thurs. 7:30–9:30 PM. Bldg. 312, $20/month. 282-7326. (5/1–)

Health

Hatha Yoga. Manouso E. Manos. Mental, physical and spiritual awareness through movement. Mon., 6–7:30 PM, Bldg. 312, $4.50 per class. 587-7266. (5/7–5/21)

Wholistic Fitness. Rene Biba. Aerobic workout, strengthening & flexibility exercises, relaxation techniques. Learn to protect your lower back. Mon. & Wed., 10–11 AM, Bldg. 312, $18/$3 per class. 346-5878. (5/2–5/30)

Introduction to Oriental Medicine & Shiatsu Massage. Susan Kaplan. Full body massage and main applications of Shiatsu. Lectures & discussions include principles of Yin and Yang, theory of 5 elements, acupuncture, etc. Tues., 7–9:30 PM, Bldg. 312, $45. 626-3131. (5/15–6/19)

Mother's Dance/Exercise with Gretchen Phillips. Combines dance, exercise and relaxation based on techniques of Lamaze, Alexander and Chertok. For the expectant or newly delivered mother. Mon. & Wed. 10:30–noon, Bldg. 312, $15. 885-0460. (5/21–6/27)

Y's Way to a Healthy Back. Relieve back pain through relaxation, flexibility and exercises. Mon. & Thurs. 6:30–7:30 PM. Bldg. 312, $35. 885-0460. (5/21–6/28)

Aerobic Conditioning with Mary Fischer. Comprehensive fitness program incorporating yoga, dance and calisthenics set to music. Tues. & Thurs. 6–7:30 PM. Bldg. 312, $24/$3.50 each session. 775-8229. (5/8–5/31)

Awareness Through Movement/Feldenkrais Method. Julie Casson. Non-strenuous movement lessons to improve posture, breathing, movement and self-image. Re-learn how to move with ease. Wear loose clothing. Suitable for all ages. 2 sessions: Wed. 5/16–6/20, 6 PM, Bldg. 312, $18 for 6 lessons; Tues 5/15–6/19, noon, Bldg. 312, $18 for 6 lessons. 647-3056.